

“So, O my devotees (Abhinavagupta says to everybody), O my devotees, *asmin sanmāрге*, on this path of Parabhairava, achievement of Parabhairava, whoever has taken a step with pure desire; no matter if that desire is slow or if desire is intense, or whatever it is; who has taken this step, who has tread on this step, it does not matter if he is *brahmin*, if he is wattle [sweeper], if he is outcast, if he is anybody; it does not matter for that, *nirato yaḥ kaścideṭi sa śivatam*, he becomes one with Parabhairava.”

*Iti matvā*, this way you should take in your mind *yathātathāpi prayatanīyam*, what ever happens, whatever may come, go on doing practice, go on doing practice. That practice may be lowest practice, that practice may be medium practice, that practice may be intense practice; go on doing something, *yathātathāpi*, whatever comes.

If you are trodden down, go on doing, go on remembering God, go on remembering God. This is the way . . . in which way you will remember, bas, he will carry you; he will carry you. Because that remembrance is: it may be medium, it may be low, it may be very low, it may be lowest, it may be intense, it may be very intense—that does not matter—go on, another step, another step.